

RUFFIN' IT – Shedding Light on Environmental Beliefs DEEP ECOLOGY

Doing things that are “eco” or environmentally friendly seems like a good idea. However, it can be hard to know what really is the environmentally friendly thing to do. Should I eat locally grown but non-organic strawberries, or organic ones all the way from California? Etc... And with all the challenges facing our planet it may even seem necessary to ask yourself “What’s the point?” every now and again, or “What is Ecology anyway, where does it come from and what for?”

Deep Ecology is an environmental philosophy and movement – and a great tool for helping us all to live lightly on the Earth. Join us for a half-day workshop that explores Deep Ecology, its connection to you, and your connection to the non-human world. Come ready to learn, explore and play outside and have some fun – rain or shine!

Co-ordinator: Evalisa McIllfaterick

Through her involvement in environmental and social activism, school (Lakehead Outdoor Recreation, Park and Tourism) and extensive experiences as a wilderness canoe tripper, Evalisa has come to be a supporter and sharer of Deep Ecology.

She has worked as an outdoor educator with both adults and children, wilderness canoe trip leader, and post-secondary instructor. Evalisa lives happily in the Nolalu area, enjoys hot cups of hot coffee, adventures in the bush, and sharing these both with others.